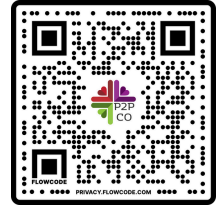




Quick Resource Guide #3

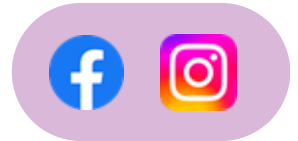
THE 3 P's: P2P, PEAK, & PEP



Parents of individuals with disabilities frequently request information, resources, and support regarding a particular disability. Three great Colorado organizations, often confused but not related, work together to serve these needs. This document is also available with clickable links at p2p-co.org.

Parent to Parent of Colorado (P2P-CO) p2p-co.org 877-472-7201

- One-to-one trained support parent matching
- Virtual support groups, book clubs & disability and parenting-related presentations
- Public policy advocacy opportunities
- Private online discussion group comprised of more than 2,000 caregivers
- Additional online forum dedicated to caregivers of individuals with mental health and/or behavioral challenges



PEAK Parent Center peakparent.org 800-284-0251

- Federally designated Parent Training and Information Center for Colorado under the Individuals with Disabilities Education Act (IDEA)
- Serves families with children birth through age 26
- Statewide parent advisors available to talk with families about school-related issues, IEPs, and 504 plans
- Trainings and Webinars (listed at www.peakparent.org/events) on Understanding IEPs and other topics
- Annual Conference on Inclusive Education

PEP: Parents Encouraging Parents cde.state.co.us/cdesped/PEP 720-237-4600

- Family-centered conference sponsored by the Colorado Department of Education
- Serves families with children birth to age 21; also open to professionals
- Free to participants including training, lodging (if applicable), and meals
- Held 2-3 times per year at various statewide locations over 2 days, Friday and Saturday
- Designed to offer support, information, and education to parents and professionals related to parenting, educating, and supporting a child with a disability in their school and community
- Check website for more details and to sign up for conference

The **Quick Resource Guide** series is available in English and Spanish, at p2p-co.org/

- #1 General Resources
- #2 Disability-Specific Resources
- #3 The Three P's: P2P, PEAK, PEP
- #4 Teen & Young Adult Transition

ALLIANCE MEMBER



PARENT TO PARENT
USA

Revised 7/2024

Brought to you by
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(a program of Ability Connection Colorado)
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